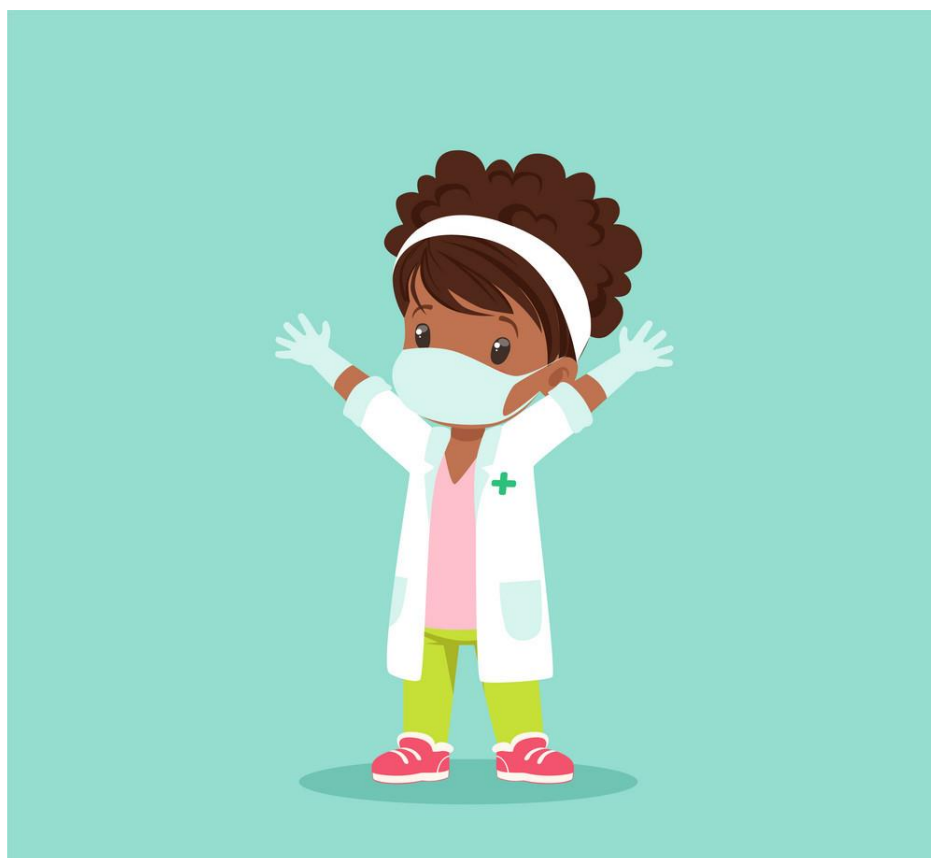


I Can Wear a Face Mask!





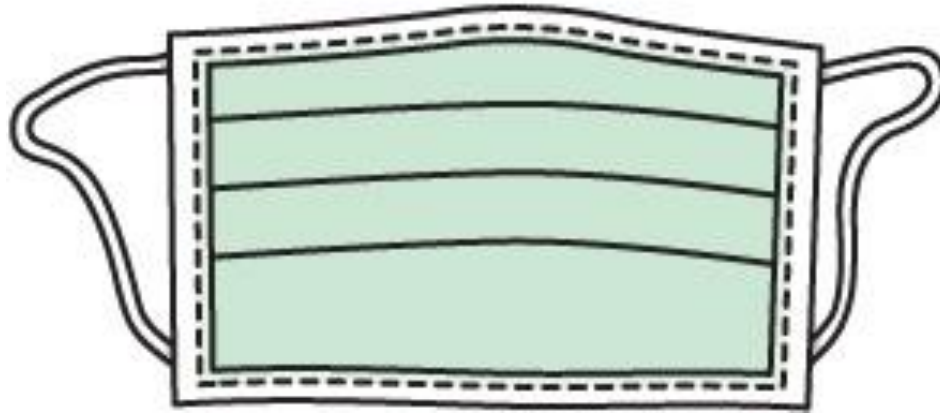
**A face mask, or covering, can protect me
from germs that can make me feel sick.**





A face mask is something that covers my mouth and nose, but I can still breathe. Kids AND grownups can wear masks to stay healthy.





**Some face masks are
made from a paper-
like material.**





**Some face masks are
made of cloth.**





**Some people wear a
scarf or a bandana
instead of a face mask.**





**Face masks or coverings can protect me
from germs that make me feel sick.**



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It might feel funny the first time I wear a face mask. It might feel funny on my ears or on my nose.





**A grown up can help put on my mask, and
make it feel better on my face.**



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**I might need to practice wearing this. I can
even have my toys practice!**



**It is important to remember to listen to
grownups about the important rules for
wearing a mask.**



**To keep the germs away, it is important to
try and not touch my face.**





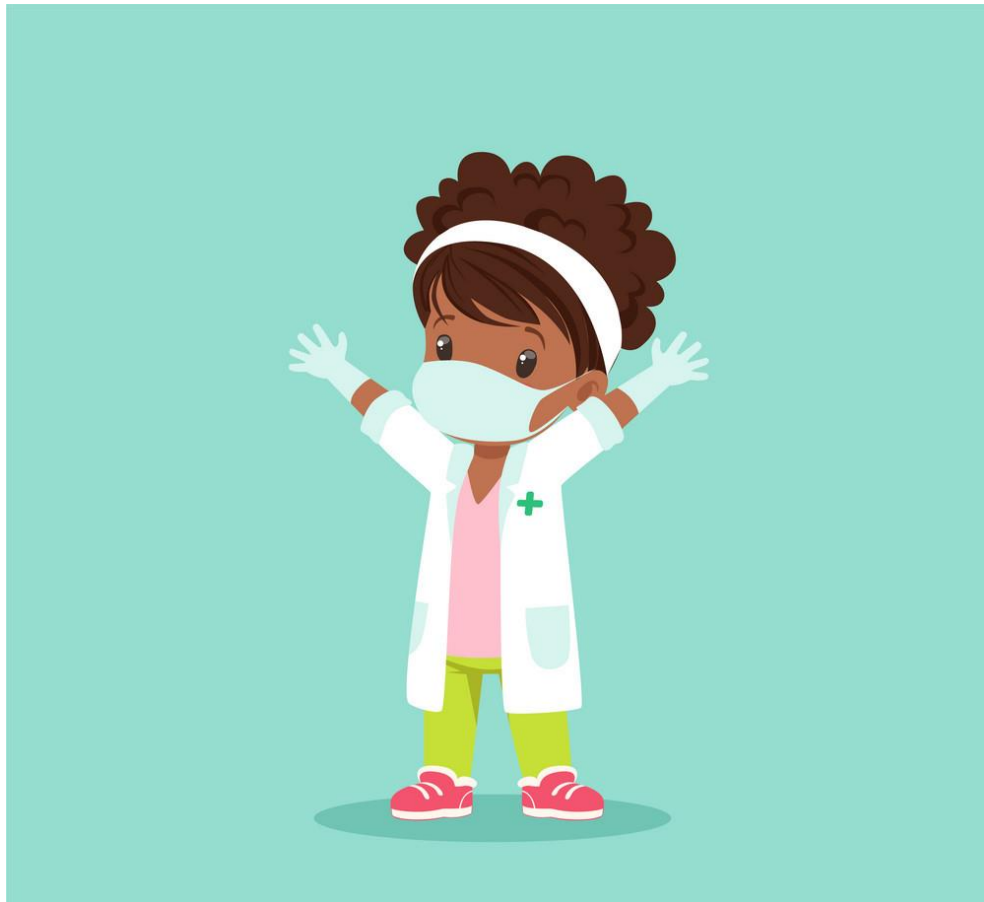
I can also keep my hands clean by washing them. I know how to wash my hands-and a grown up can help me.





**My family will be so proud when I wear my face mask
and keep my hands clean!**





I am staying healthy! Hooray!!

